Healthy Conflict Resolution

LILLY PARK, PH.D.
ASSOCIATE PROFESSOR, BIBLICAL COUNSELING
SOUTHWESTERN BAPTIST THEOLOGICAL SEMINARY

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Philippians 4:2–3

- I entreat Euodia and I entreat Syntyche to agree in the Lord. 3 Yes, I ask you also, true companion, help these women, who have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life.

2

Galatians 5:19-21

- Gal 5:19 Now the works of the flesh are evident: sexual immorality, impurity, sensuality, 20 idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, 21 envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God.

3

James 4:1 What causes quarrels and what causes fights among you? Is it not this, that your passions are at war within you?

2 You desire and do not have, so you murder. You covet and cannot obtain, so you fight and quarrel. You do not have, because you do not ask.

3 You ask and do not receive, because you ask wrongly, to spend it on your passions.

4

The Heart of Conflicts

- What does the Bible say?
- Is it a sin or preference issue?
- What is my motivation? Who do I worship?
- Am I listening to understand this person?
- What can I control?
- What are ways to trust God?
- Am I seeking to glorify God?

5

Pursuing Peace

- Start with confession of sins to God
- Ask God to search your heart – Psalm 139
- Remember God's love and presence
- Confess sins to others for forgiveness
- Seek prayers and accountability
- Pursuing reconciliation

6

Discussion Questions

- What makes conflict difficult for you?
- How does your approach to conflict change if it's about God's glory?
- Do you have a godly person in your life who speaks God's truth in love?
- What are 1-2 ways that you could pray about this topic?
- What are 1-2 ways that you could apply conflict resolution?

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